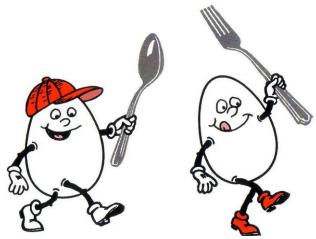
EASY SPANISH RICE & EGGS

This is so simple, yet tasty and filling, that you're bound to include it as one of your 'regular' meals. Kind of like comfort food, it's great when the cupboard seems bare or you haven't time to fix something more elaborate. Serve it with a simple salad to round out the meal. It'll serve 4 for a light lunch and 2 for a hearty dinner for under three bucks!

Cooking spray
2 cups cooked rice
1 jar (16 oz.) salsa
4 – 6 eggs
1/4- 1/2 cup shredded Cheddar or Jack cheese



Place 10"skillet over medium heat. Spray with cooking spray. Place cooked rice in pan. Stir in salsa and cook over medium heat, stirring constantly, until bubbly and heated through – about 2 to 5 minutes. With back of spoon, make 4 – 6 indentations. Crack and slip an egg into each indentation. Cover. Cook over medium heat until whites are completely set and yolks begin to thicken but are not hard – about 5 to 6 minutes. Sprinkle with cheese. Cover and let sit until cheese melts. Serve hot. Serves 2 – 6.

Virginiaeggcouncil.org ~ eggsrgr8@rev.net